In the Claims:

Claims 1-33 (Cancelled)

34. (Presently Amended) A method of forwarding message attachments, comprising the steps of:

receiving an electronic message at a host system, the electronic message including a message body and ~~one or more~~ a message attachments;

decoupling the message attachment from the message body and storing the message attachment at the host system;

forwarding the message body and information regarding the identity and types of the ~~one or more~~ message attachments to a wireless mobile data communications device;

~~transmitting a command from the wireless mobile data communications device to the host system instructing the host system how to process the one or more attachments; and,~~

~~in response to the command, the host system processing the one or more attachments by either forwarding the one or more attachments to the wireless mobile data communications device or forwarding the one or more attachments to an external device capable of processing the attachments~~

receiving the message body and the information regarding the message attachment at the wireless mobile communication device;

transmitting a first command message from the wireless mobile communication device to the host system directing the host system to transmit the message attachment to the wireless mobile communication device;

transmitting a second command message from the wireless mobile communication device to the host system directing the host system to transmit the message attachment to an external device capable of processing the attachment.

Claims 35-37 (Cancelled)

38. (New) The method of claim 34, wherein if the first command message is received by the host system, then the host system transmitting the message attachment to the wireless mobile communication device.

39. (New) The method of claim 34, wherein if the second command message is received by the host system, then the host system transmitting the message attachment to the external device.

40. (New) The method of claim 39, wherein the second command message includes information identifying the destination of the external device, and wherein the host system utilizes the destination information to transmit the message attachment to the external device.

41. (New) The method of claim 34, further comprising the steps of:

the host system determining whether the wireless mobile communication device can process attachments of the identified type of message attachment, and if so, then in response to receiving the first command message, transmitting the message attachment to the wireless mobile communication device, and if not, then in response to receiving the first command message, not transmitting the message attachment to the wireless mobile communication device.

42. (New) The method of claim 41, wherein the host system determines whether the wireless mobile communication device can process attachments of the identified type of message attachment by accessing a stored profile for the wireless mobile communication device.

43. (New) The method of claim 42, wherein the stored profile indicates the types of attachments that the wireless mobile communication device can receive and process.

44. (New) The method of claim 43, wherein the stored profile is modifiable so that the indication of the types of attachments that the wireless mobile communication device can receive and process can be altered.

45. (New) The method of claim 44, further comprising the step of transmitting a profile command message from the wireless mobile communication device to the host system to alter the types of attachments that the wireless mobile communication device can receive and process.

46. (New) The method of claim 34, further comprising the steps of:

providing a user profile for the wireless mobile communication device, wherein the user profile stores a list of one or more external devices associated with the wireless mobile communication device; and

in response to receiving the second command message from the wireless mobile communication device, the host system accessing the user profile associated with the wireless mobile communication device to determine the external device to which the message attachment is to be sent.

47. (New) The method of claim 34, wherein the messages received at the host system are directed to a first address at the host system, the method further comprising the steps of:

configuring one or more redirection events at the host system;

detecting that a redirection event has occurred at the host system and generating a redirection trigger; and

in response to the redirection trigger, forwarding the received message bodies and information regarding the attachments to the wireless mobile communication device.

48. (New) The method of claim 47, wherein the redirection events include external events, internal events or networked events, wherein the external events are events external to the host system, wherein the internal events are events internal to the host system, and wherein the networked events are events that occur on a network coupled to the host system.

49. (New) The method of claim 48, wherein one of the external events is a message from the wireless mobile communication device to start the redirection step.

50. (New) The method of claim 48, wherein the internal events include a calendar alarm, a screen saver activation or a keyboard timeout signal associated with the host system.

51. (New) The method of claim 34, wherein the wireless mobile communication device is a hand-held wireless paging computer, a wirelessly-enabled palm-top computer, a mobile telephone with data messaging capabilities or a wirelessly-enabled laptop computer.

52. (New) The method of claim 34, wherein the attachment type is a voice data message.